

CANMAT and ISBD 2018

Strength of evidence and treatment recommendations for maintenance treatment of bipolar II disorder

Recommendation	Agent	Evidence level
First-line	Quetiapine	Level 1
	Lithium	Level 2
	Lamotrigine	Level 2
Second-line	Venlafaxine	Level 2
	Carbamazepine	Level 3
	Divalproex	Level 3
	Escitalopram	Level 3
Third-line	Fluoxetine	Level 3
	Other antidepressants	Level 3
	Risperidone ^a	Level 4

^aPrimarily for prevention of hypomania.